



Your Future, Your Choice, Your Direction

Establishing what's next for you

Whatever you decide to do, make sure it makes you happy - Paulo Coelho

An opportunity to stop, check-in and kick-start your thinking around what next. Supporting you to identify your preferences, what skills you have to offer and the opportunities that exist. Enabling you to draw your own route map on how to get there.

The programme involves a practical 1-day workshop and the option of 2 hours of follow on 1:1 support.

Target Audience

Individuals facing a transition after a long career/service within the forces, public/private or voluntary sector.

1-day Programme Content

What you need to know **about yourself**:

- Identify your preferences and key criteria for future roles or activities
- Establish your priorities, values and motivational needs
- Analyse your transferable talents and strengths

What you need to know **about the job market**:

- Develop your knowledge of the job market and ways of working
- Understand your opportunities in alternative sectors (including volunteering)
- Review the most successful routes and approaches to the job market

What you need to know **to make it happen**:

- Explore your options, including self employment, interim, portfolio career and active retirement
- Develop your skills in marketing yourself in writing (CV/Applications), in person (networking/interviews) and on-line (Linked-in)
- Build confidence in analysing job advertisements and matching your candidacy

Optional 1:1 Support

2 hours of 1:1 support to assist in your job search activities delivered over the telephone/Skype/email

Wanting to be someone else is a waste of the person you are - Kurt Cobain

It is never too late to be what you might have been - George Eliot

Be yourself; everyone else is taken - Oscar Wilde