



M O O N S T O N E

ethics • leadership • systems • culture

Joining the dots – aligning ethics, leadership, systems and culture

Living & Leading Mindfully

How would it be if we could find a way to lead; to work in a manner that is significant and impactful, yet achieves this without adversely effecting ourselves or those we lead?

We choose where and how we place our efforts; leading with a mindful approach supports leaders to make decisions about their energies and where they put them.

Radically, how and who you are **being** in leadership may be more important than what you **do**. Life is not merely a to-do list to get through – which is why I find myself at odds with bucket lists.

Equally, for me governing the country and managing its exit from Europe is not merely about focussing on getting the job done; but the **how** and **who** you are being in the leadership role as PM and/or government minister.

Present-day times call for a holistic approach. Whilst outcomes are undeniably important, increasing bodies of evidence as well as our own observations illustrate that effective leaders find ways to **be**; **being** present to the people around them and to the challenges and opportunities of that moment.

This calls for the cultivation of a mind-set that can lead without certainty or solutions. (See Creating Safe Uncertainty)

How leaders are experienced by others – how they are **being**, matters just as much in a crisis when the right decisions and actions need to be taken quickly as it does in more spontaneous exchanges and with the Brexit negotiations.

Highlighting what new and valuable things might happen through us because of how we are **being** with others - rather than what we do, will be a key element of the leadership culture that provides a competitive edge.

Be more to achieve more.

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